

NY Pelvic Pain and Minimally Invasive Gynecologic Surgery

URODYNAMICS TESTING

This is group of tests that are used to evaluate the lower urinary tract. The lower urinary tract is composed mainly of the bladder and the urethra. These tests will look for specific causes of urinary dysfunction and identify problems related to incomplete emptying of your bladder, feelings of urinary frequency, urgency, and/or hesitancy, recurrent urinary tract infections, and difficulty controlling your urine.

Prior to the procedure:

- Please provide your healthcare provider with an up to date list of all medications.
- Complete the 24 hour voiding diary.
- Provide a urine specimen

Day of your appointment:

Please arrive with a comfortably full bladder.

Procedure:

We will measure how much and how quickly the urine flows by asking you to urinate into a special commode chair. A soft catheter will be inserted to drain the leftover urine. This tube will also measure the pressure of the bladder muscle and its response to filling. A second catheter will be inserted into the rectum or vagina. This second catheter will measure the pressures outside the bladder. Various pressure measurements will be obtained during this procedure (with cough, pushing, and bearing down.) Your bladder will be filled with sterile water during the procedure. This should be painless. Small sticky patches are often placed on your bottom to measure the electrical activity of certain muscles. Towards the end of the procedure and with the catheters in place, you will need to urinate again in the special commode chair.

After the procedure:

Please drink plenty of fluids for the next 24 hours.

You will be given antibiotics (Macrobid) to take 1 pill after the procedure and then 1 pill 12 hours later. This is to prevent infection.

Risks:

There is a small risk of infection caused by introducing the catheter into the urethra. Please contact the office if you noticed increased pain with urination, fever/chills, nausea, back pain, or abdominal/pelvic pain.

The contact number for emergencies is 646 290 9560 Press 1. If you have general questions, please send a message on our secure portal.